

## 2. WATER WAYS

### (2) There's A Fly in My Water!



*Aquatic invertebrates* serve as water quality *indicators*. (Field Trip / 45-60 min)

<b>Connecting with Science Standards</b>			
<b>Category/Strand</b>	<b>Grade</b>	<b>Standard(s)</b>	<b>Benchmark(s)</b>
Life Science	4	Form, structures, habitats	Structure, body, senses, behavior, food webs
	4	Similarities/differences thru time	Survival of organisms in environment
	5	Structure & function	Habitat, ecosystems, food webs, environ changes, human impacts
Scientific Thinking/Practice		Genetic traits	Life cycles
	4	Scientific Method	Observation, interpretation, predictions, conclusions
	5		Investigation & interpretation

**Goal:** Students will identify, aquatic insects, learn about their **metamorphosis** and understand how they and other aquatic invertebrates indicate water quality.

**Objectives:**

- Identify various aquatic insects and invertebrates at Bottomless Lakes and/or Bitter Lake Wildlife Refuge
- Perform **quantitative** insect **surveys** to determine water quality
- Discuss causes of water pollution and possible solutions

**Materials:**

- Small insect dip nets
- Ice cube trays or small cups
- Aquatic invertebrate identification keys
- Hand lenses
- Data observation forms
- Pens/pencils

**Background**

Water quality is essential for healthy **ecosystems**. **Pesticides, chemicals, sediment** and **salinity** can all affect our water quality by raising water **temperature** and **turbidity** and lowering the amount of **dissolved oxygen**.

Many aquatic insects and other invertebrates spend most of their lives underwater. Some invertebrates are very sensitive to water quality. Others have adapted to conditions where water quality may be affected by pollution, high levels of salt, or other environmental factors, allowing them to live in water that other insects and invertebrates cannot.

Who lives in the water, or not, tells us a lot about our water.

# Water Ways

## There's A Fly in My Water!

### PROCEDURE:

1. Have students work in pairs.
2. Distribute all materials.
3. Have students spread out along the shoreline so they're not too close together. Remind students they will stay on the bank – no swimming or wading!
4. Have students fill cups or trays with water and place them close by.
5. Students will “stir up” the mud and water with their dip nets, scooping up mud, pebbles and organic material.
6. Students will look for anything moving in their nets and gently transfer insects to cups or trays already filled with water. *It is important that invertebrates be kept in water at all times or they may die!*
7. Using the identification *keys*, students will work together to identify insects, recording their findings on the data observation forms. Students will add up how many insects they find in each category.
8. Based on their findings, students will be able to determine what quality of water is at Bottomless Lakes.
9. Have teams share their results. Discuss possible environmental factors or pollution sources.
10. Encourage class to brainstorm ways to reduce water pollution.
11. After activity is completed, have each group gently return their insects back into water and rinse out cups and nets.

### EXTENSION:

1. If time permits, sample aquatic insects and invertebrates from more than one lake at Bottomless Lakes State Park and compare results.
2. Compare aquatic invertebrate and insect samples from both Bitter Lake and Bottomless Lakes State Park.

# Water Ways

## Aquatic Insect and Invertebrate Key



### Group 1

Stonefly Larva  
1 in.

Whirligig Beetle  
0.5 in.

Mayfly Nymph  
1 in.

Caddisfly Larva  
0.5 in.

Grass Shrimp  
1-2 in.

Dobsonfly Larva  
up to 3.0 in.

### Group 2

Diving Beetle  
1-1.5 in.

Dragonfly Larva  
1 in.

Damselfly Nymph  
1 in.

Scud  
0.3 in.

Water Boatman  
1 in.

Coiled Snail  
0.4 in.

### Group 3

mosquito larva  
0.3 in.

Gilled Snail  
0.5 in.

Freshwater Clam  
0.5 - 1.0 in.

Leeches  
to 3 in.

Aquatic Worm  
1 in.

Midge Larva  
0.2 in.

# Water Ways / Fly in my Water

## Vocabulary

**Aquatic Insects:** insects living some portion of their life cycle in the water. As insects, they possess segmented bodies supported by an exoskeleton, a hard outer covering made mostly of chitin. The segments of the body are organized into three distinctive but interconnected units, or tagmata; a head, a thorax, and an abdomen.

**Chemicals:** often defined as any material with a definite chemical composition.

**Ecosystem:** a natural unit consisting of all plants, animals and micro-organisms in an area functioning together with all of the non-living physical factors of the environment.

**Invertebrates:** animals lacking a vertebral column, or spine.

**Indicator Species:** any biological species that defines a trait or characteristic of the environment. For example, a species may indicate an environmental condition such as a disease outbreak, pollution, species competition or climate change. Indicator species can be among the most sensitive species in a region, and sometimes act as an early warning to monitoring biologists.

**Identification Keys:** a visual device that aids the identification of biological organisms.

**Metamorphosis:** a biological process by which an animal physically develops after birth or hatching, involving a conspicuous and relatively abrupt change in the animal's form or structure through cell growth and differentiation.

**Pesticides:** a substance or mixture of substances used to kill a pest. A pesticide may be a chemical substance, biological agent (such as a virus or bacteria), antimicrobial, disinfectant or device used against any pest.

**Pollution:** the introduction of contaminants into an environment that causes instability, disorder, harm or discomfort to the physical systems or living organisms they are in.

**Quantitative Surveys:** the collection of measurable information.

**Saline:** the salt content in a substance.

**Sediment:** any particulate matter that can be transported by fluid flow, and eventually deposited.

**Temperature:** the measurement of how hot or cold something is.

**Turbidity:** the cloudiness or haziness of a fluid caused by individual particles that are generally invisible to the naked eye, similar to smoke in air. The measurement of turbidity is a key test of water quality.





# Water Ways Aquatic Insect Worksheet



Team/Name: \_\_\_\_\_ Date: \_\_\_\_\_

Once you've identified your aquatic insects, write down how many from each group you found in your water sample. This will help you determine the water quality of your sample.

## Group 1

Sensitive - These aquatic insects cannot tolerate pollution or environmental factors that could affect water quality. Insects living in these waters often indicate unpolluted water, with colder temperatures and low levels of turbidity.

Number of insects found:

\_\_\_ 3 or more insects

\_\_\_ 1 to 3 insects

\_\_\_ None found

## Group 2

Somewhat Sensitive - These aquatic insects can tolerate some levels of pollution and other environmental factors that may indicate mildly polluted water, or water with slightly warmer water temperatures, lower dissolved oxygen levels, higher saline and higher turbidity levels.

Number of Species Found:

\_\_\_ 3 or more insects

\_\_\_ 1 to 3 insects

\_\_\_ None found

## Group 3

Tolerant - These aquatic insects have adapted to living in polluted water or with other environmental factors, which may indicate warmer water temperatures, lower levels of dissolved oxygen, higher saline and higher turbidity levels.

Number of Species Found:

\_\_\_ 3 or more insects

\_\_\_ 1 to 3 insects

\_\_\_ None found